

“BULLYING” PROGRAMS & RESOURCES SPONSORED BY NON-PROFIT & PRIVATE RESOURCE ORGANIZATIONS¹

- ❖ **Curriculum: *Teenage Health Teaching Module*²**

“Teenage Health Teaching Modules is a successful, nationally used, and independently evaluated comprehensive school health curriculum for grades 6 through 12. The evaluation of THTM concluded that the curriculum produced positive effects on students’ health knowledge, attitudes, and self-reported behaviors.”
- ❖ ***Peacebuilders*³**

“Peacebuilders is the research-validated anti-violence youth program approved for the federally funded Safe and Drug-Free Schools Act. It is a comprehensive program launched in organizations that shifts the entire climate to a peaceful, productive and safe place for children, parents, staff, and faculty.”
- ❖ **Committee for Children:**
 - ***The Steps to Respect Program*⁴**

“To address bullying effectively, educators, students, and families must work together to tackle it at the school wide level. The Steps to Respect Program gives you step-by-step guidance, implementation and assessment tools, adult trainings, and student lessons.”
 - ***Second Step: A Violence Prevention Curriculum*⁵**

“The award-winning Second Step program teaches social and emotional skills for violence prevention. The program includes research-based, teacher-friendly curricula, training for educators, and parent-education components.”
- ❖ **Project: *Teasing and Bullying: Wellesley Centers for Women*⁶**

“The project on Teasing and Bullying works to examine and counteract the effects of the culture of bullying on children and youth. These complex issues are addressed by raising awareness about bullying and by exploring the links between bullying, other forms of aggression, and violence through a combination of research, action, and advocacy.”
- ❖ ***BullysafeUSA*⁷**

“This program includes multiple useful tools to assist teachers in the fight against bullying in the classroom and gives parents the information they need to help their children deal with this issue outside of school.”

¹ Not a comprehensive list

² <http://www.thtm.org/>

³ <http://www.peacebuilders.com/AboutPeaceBuilders/PressRoom/PressKit/PeaceBuildersProgramForSafePositiveLearningEnvironmentsLetterHead.pdf>

⁴ <http://www.cfchildren.org/cfc/str/str/strindex/>

⁵ <http://www.cfchildren.org/cfc/ssf/ssf/ssindex/>

⁶ http://www.wcvonline.org/joomla/index.php?option=com_content&task=view&id=559&Itemid=54

⁷ <http://www.bullyingresources.org/stopbullyingnow/indexAdult.asp?Area=ProgramResources&programID=39>

❖ ***Club Ophelia/Camp Ophelia***⁸

“The approach to Club Ophelia is simple. Middle schools girls, from grades 6-8, are educated about relational aggression using stories that illustrate female bullying, asked to relate the information on relational aggression to their own lives, then integrating what they have learned into their lives and to think about how they could help other girls who are victims or bullies.”

❖ ***Organization: Operation Respect: Don't laugh at me***⁹

“Operation Respect CT, Inc., a non-profit organization, was founded in 2001 to educate, train, and assist schools and community-based youth service organizations in creating safe and respectful environments for youth and the adults who work with them. The Don't Laugh at Me program targeted primarily at elementary and middle school levels consists of music, video, and well-tested curricula that are combined with a professional development component to help students, and the adults who impact their lives, to create ‘climates of respect’ by working together to recognize intolerance, increase respect, and enhance sensitivity to student’s emotional needs.”

❖ ***International Associated of Chiefs of Police: Guide for Preventing and Responding to School Violence***¹⁰

“The Guide for Preventing and Responding to School Violence addresses both prevention and intervention from a systematic view, clarifying the roles of the school, the community, families, law enforcement and the justice system and how these groups can work together effectively to respond to the problem.”

❖ **Blue Prints for Violence Prevention:**

• ***Curriculum: Incredible Years Series (IYS)***¹¹

“The Incredible Years Series is a set of three comprehensive, multi-faceted, and developmentally-based curriculums for parents, teachers and children designed to promote emotional and social competence and to prevent, reduce, and treat behavior and emotion problems in young children.”

• ***Good Behavior Game (GBG)***¹²

“The Good Behavior Game is a classroom management strategy designed to improve aggressive/disruptive classroom behavior and prevent later criminality. It is implemented when children are in early elementary grades in order to provide students with the skills they need to respond to later, possibly negative, life experiences and societal influences.”

⁸ <http://www.clubophelia.com/about/>

⁹ <http://www.operationrespectct.org/about.htm>

¹⁰ <http://www.theiacp.org/documents/pdfs/Publications/schoolviolence2%2Epdf>

¹¹ <http://www.colorado.edu/cspv/blueprints/model/programs/IYS.html>

¹² <http://www.colorado.edu/cspv/blueprints/promising/programs/BPP06.html>

- **Safe Schools Fact Sheet: *Bullying Prevention (Recommendation for Parents)***¹³

“The fact sheet is provided by the Center for the Study and Prevention of Violence. There are lists that include the warning signs, general characteristics of possible victims (passive/submissive victim characteristics; provocative victim characteristics), what parents of the victim can do, the possibility of your child being a bully, the general characteristics of possibly bullies, what parents of the bully can do, and false beliefs about bullying.”

- ❖ **Website: *Bullying in Schools and What to Do About It: Dr. Ken Rigby***¹⁴

“This website was formed as an attempt to raise awareness about bullying in schools and inform people about the research that was being done in the area. It was further intended to help schools, children, and parents in practical ways to overcome the serious problem of bullying.”

- ❖ **Informative Website:**

- ***Mental Health America: Bullying: What to Do About It***¹⁵

“*Bullying: What to Do About It* is a information page provided by Mental Health America that addresses bullying as a problem that needs to be stopped. The information involves recognizing bullying for what it is, seeing the scope of the problem, spotting the bullies, knowing their targets, and finally taking steps to stop it. There are also other recourses provided at the end of the webpage.”

- ***Bullying and Gay Youth***¹⁶

“While trying to deal with all the challenged of being a teenage, gay/lesbian/bisexual/transgender teens additionally have to deal with harassment, threats, and violence directed at them on a daily basis. Their mental health and education, not to mention their physical well-being, are at-risk. This article/information page deals with questions such how is their mental health being effected, how is their education being affected, what can we do to help, and suggestions on how to help end bullying at your school.”

- ❖ ***Facts for Families: Bullying***¹⁷

“The Fact for Families is provided by the American Academy of Child & Adolescent Psychiatry. The information provided includes general information about the victims of bullies and the bullies themselves. There are links for more information through facts for families including conduct disorder, understanding violent behavior in children, children’s threats, and helping teenagers with stress.”

¹³ <http://www.colorado.edu/cspv/publications/factsheets/safeschools/FS-SC09.html>

¹⁴ <http://www.education.unisa.edu.au/bullying/>

¹⁵ <http://www.mentalhealthamerica.net/index.cfm?objectid=CA866DBF-1372-4D20-C817AE97DDF77E4E>

¹⁶ <http://www.mentalhealthamerica.net/index.cfm?objectId=CA866CD5-1372-4D20-C87F8FD7D51E4E80>

¹⁷ <http://ww.aacap.org/page.wv?name=Bullying§ion=Facts+for+Families>

❖ **Our Children Magazine:**

- ***Safeguarding Your Children from Bullying, Gangs, and Sexual Harassment***¹⁸

“The Parent Teacher Association publishes “Our Children Magazine”. This *Safeguarding Your Children from Bullying, Gangs, and Sexual Harassment* article provides information on helping children deal with a school bully, tips for helping children deal with bullies, teaching children how to avoid sexual harassment, tips for avoiding sexual harassment, protecting children from gang influence, and tips for protecting children from gangs.

- ***The Newest Breed of Bully, the Cyberbully***¹⁹

“This article provides information on a new breed of bullying. Cyberbullying is a way of using new communication technology to torment others by hiding behind the anonymity of the internet. The article discusses charting new legal territory, the idea of same bullying but with a different form, and how parents can protect their children.”

- ***Understanding Bullying***²⁰

“Understanding Bullying discusses the dynamics of bullying. The article gives detailed answers to questions such as: Who is likely to be victimized, what are the effects of bullying, ending bullying: what works, and concludes with a list of identifying behaviors, both concrete and attitudinal.”

❖ **Company and Program: *Promoting Alternative Thinking Strategies (PATHS)***²¹

“The Channing Bete Company brings the research-based and proven-effective PATHS program, a violence-prevention curriculum that promotes social and emotional learning (SEL), character development, and bullying prevention, and builds the problem-solving abilities and other life skills required for positive relationships today and throughout students’ lives—It’s flexible, its easy to implement, and it works. There are also free PATHS online sample pages.”

❖ **Website and Program: *The Resolving Conflict Creatively Program (RCCP)***²²

“The Resolving Conflict Creatively Program is a well-evaluated, K-8 programs in character education, and social and emotional learning. It is the nations’ largest and longest running school program with a special focus on conflict resolution and intergroup relations. RCCP is characterized by a comprehensive, multi-year strategy for preventing violence and creating caring and peaceable communities of learning that improve school success for all children.”

¹⁸ http://www.pta.org/pr_magazine_article_details_1117638753468.html

¹⁹ http://www.pta.org/pr_magazine_article_details_1117639656218.html

²⁰ http://www.pta.org/pr_magazine_article_details_1117637268750.html

²¹ <http://www.channing-bete.com/prevention-programs/paths/>

²² <http://www.esrnational.org/ms/prevent/msrccp/msrccp.htm>

❖ **Sporis West Educational Services: A Combination Company**

- ***The Safe Schools Assessment and Resource Bank (SSARB)***²³

“This schoolwide assessment and resource tool is designed to alert school personnel to strengths and areas for improvement in school safety and climate. It is a unique online assessment tool that obtains schoolwide perspective on school safety, it is customizable to a school or district’s safety concerns, it processes data in real time, summarizes results using compelling graphs and straightforward text, and provides links to research-based resources to help administrators address their unique school or district needs.”

- ***Bully-Proofing Series***²⁴

“The Bully-Proofing Series gives you the ability to mobilize the ‘caring majority’-the 85 percent of students who are neither bullies nor victims-by developing and reinforcing their strong identities. Through their actions and influence, these students dictate the operating environment, giving strength and support to victims and defusing the power of bullies.”

❖ **Campaign: *National Bullying Awareness Campaign***²⁵

“The National Education Association’s National Bullying Awareness Campaign is designed to assist communities in developing solutions that will eradicate bullying from America’s public schools. The campaign addresses bullying as the problem, bullying that damages the target, bullying that damages the perpetrator, bullying that damages the bystander, and detailed explanations of the purpose of the National Campaign.”

²³<http://store.cambiumlearning.com/ProgramPage.aspx?parentId=019005320&functionID=009000008&site=sw&frontpage=1>

²⁴<http://store.cambiumlearning.com/ProgramPage.aspx?parentId=019005293&functionID=009000008&pID=Bully-Proofing%20Series&site=sw&frontpage=1>

²⁵ <http://www.nea.org/schoolsafety/bullying.html>